

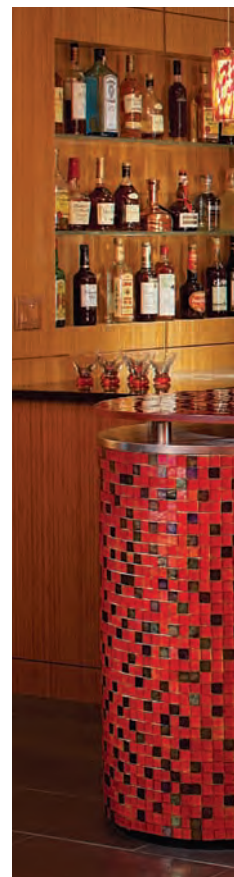


Subterranean sizzle

We all know that finishing a basement is a great way to add space to a home without an addition, but this project proves just how true that is. This incredible lower-level entertainment and exercise complex was designed for a busy professional couple. The well-appointed space has everything one might want for restorative activities, entertaining friends, or just some downtime. There's no need to get in the car to drive to the gym, a movie theater, or even a restaurant—all that's required is a quick trip down a flight of stairs. In the state-of-the-art kitchen, family

and friends can join the homeowners as they test new foods and different ways to prepare them. A fully furnished bar with wine room and beer tap adds to the social aspect of the kitchen. After enjoying dinner and drinks, there's no need to call it a night. Just a few steps from the bar is a home theater, perfect for taking in a sporting event or movie. To make sure that living it up on the lower level doesn't weigh down the homeowners, the 1,875 sq. ft. of finished basement space also includes a well-appointed workout room and spa bath complete with sauna. —*Maureen Friedman*

Architect Douglas Dick, AIA, LDa Architecture & Interiors, LLP, Cambridge, Mass., lda-architects.com **Interior design** David Nault and Paul White, Weena and Spook, Boston, weenaandspook.com **Builder** Doug Stevenson and Ken Frommer, Kistler & Knapp Builders, Acton, Mass., kistlerandknapp.com **Photos** Greg Premru, gregpremru.com





Ready, set, cook. The kitchen was inspired by the color, precision, and technology of a sports car with its stainless steel, glass, and Ferrari-red color. Overhead TV screens enable streaming of cooking techniques and demonstrations.

Pass the popcorn. The 17-ft. by 23-ft. home theater comfortably seats 10 in red-leather reclining chairs. The interior has fabric-wrapped sound-absorbing panels accented by LED-lit pilasters. The walls and ceiling are sound-proofed with mineral-wool insulation and additional layers of gypsum.



More than meets the eye. The bar and the 1,014-bottle wine-storage room are split by butt-glazed panes of glass. One end of the bar is actually within the temperature- and humidity-controlled wine room, providing the perfect spot for tastings. The custom bar is wrapped in Tessera Disco Inferno tile by Oceanside Glasstile and is topped with an opaque UltraGlas Squiggle counter.

project gallery



Clearly time to exercise. The workout room, with its Roppe rubber floor, is visually open, but when the doors are closed, the sound, temperature, and humidity levels are separated from the other areas. The adjacent shower room is capped with a skylight to bring in daylight, though the entire space is below grade.



Bathing in water and light. An invigorating after-workout shower includes water flowing from the rainfall showerhead and three wall-mounted body jets, plus light streaming in through the skylight. The Bali White pebble floor and Cascade Coil Serenity aluminum shower curtain enhance the shower's modern aesthetic.



Elegant and serene. An accent wall of Extrados tile from Oceanside Glasstile beautifully complements the Fiore ceramic wall tile. A wall-mounted sink, stainless-steel fixtures, and an unframed mirror complete the simple lines of this spa-inspired bath.



A room to relax. After a workout or a long day at work, a respite in the sauna is just what the doctor ordered. The benches and walls are made of western red cedar. Heat for the sauna is generated by a soft heat maxi heater, complete with rocks for traditional steam output.